



Steerers and Four Sisters 2022
July 21 & 22 / 23 & 24

Welcome to Steerers and Four Sisters 2022! We're pleased to host you!

Steerers Event History:

In 1959 the junior instructors at Port Credit Yacht Club invited a few of the junior programs from neighbouring clubs to come to the mouth of the Credit River for a regatta. The event was such a success that it has been held every year since. In 1968 a trophy was created from a wooden Nutshell rudder, hence the name Steerers, and presented to the best Junior Club in the regatta.

Four Sisters Event History:

The 'Four Sisters' is a name that commemorates the passing of two things. For years the smokestacks were the guiding beacons that made finding the Port Credit Yacht Club simpler and, by doing so, gave comfort to those seeking her harbour.

Likewise, for years, mothers and aunts everywhere have been guiding and nurturing their families to safer harbours and comfortable waters. It does us well to remember the simple lessons learned from them and to reflect on the comfort they have provide.

Thank you to our sponsors:



The **Humberview** Group
AUTOMOTIVE SPECIALISTS



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Steerers Schedule

Date	Time	Event	Location
Wednesday July 20	4:30-9:30 pm	Boat Drop-Off	PCYC Yard
Thursday July 21	7:00-8:30am	Boat Drop-Off Coach Flag & Lunch Pick Up & Check-Out	PCYC Yard Lakeshore Room
	9:00am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
		Lunch Pickup Competitor Check Out	PCYC Patio
	11:00 am	1st warning signal	Racing Area
	After Racing	Competitor Check In & SWAG Pick Up	PCYC Patio
	5:30 pm	Dinner	PCYC Patio
Friday July 22	8:30 am	Lunch Pickup Competitor Check Out Coach Check-Out & Lunch Pickup	PCYC Patio Lakeshore Room
	8:45 am	Coaches Mandatory Meeting	Regatta Tent
	10:00 am	1 st warning signal	Racing Area
	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Check In & post-race snack	PCYC Patio
	6:00 pm	Awards	PCYC Front Lawn



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Four Sisters Schedule

Date	Time	Event	Location
Friday July 22	4:30-9:30 pm	Boat Drop-Off	PCYC Yard
Saturday July 23	7:00-8:30 am	Boat Drop off Coach Flag & Lunch Pick Up & Check-Out	PCYC Yard Lakeshore Room
	9:00 am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
		Lunch Pickup Competitor Check Out	PCYC Patio
	11:00 am	1st warning signal	Racing Area
	After Racing	Competitor Check In & SWAG Pick Up	PCYC Patio
	5:30 pm	Dinner	PCYC Patio/Tent
Sunday July 24	8:30 am	Lunch Pickup & Competitor Check Out Coach Check-Out & Lunch Pickup	PCYC Patio Lakeshore Room
	8:45 am	Coaches Mandatory Meeting	Regatta Tent
	10:00 am	1st warning signal	Racing Area
	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Check-in & Post-race snack	PCYC Patio
	When scoring is complete	Awards	PCYC Front Lawn

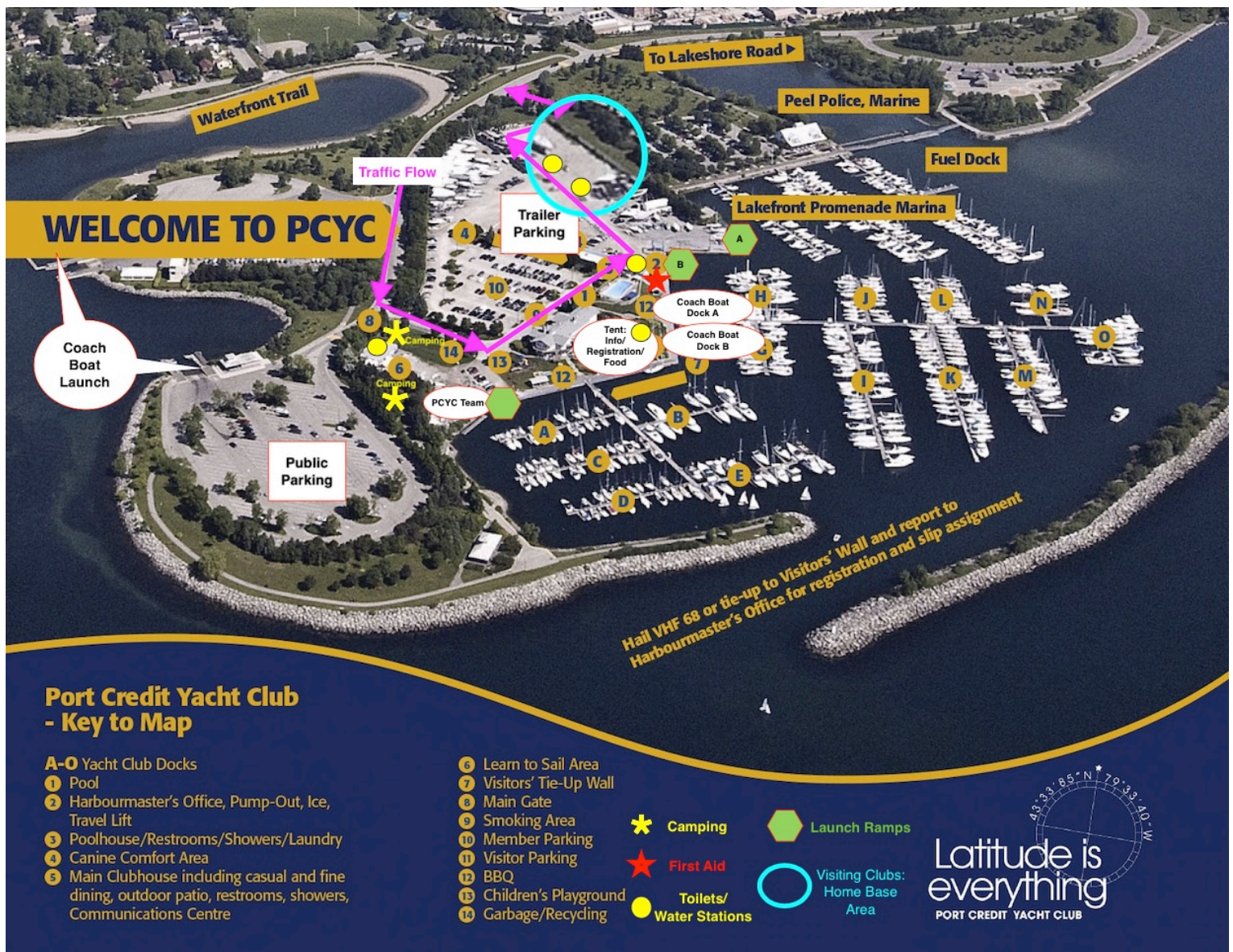


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Logistics

Preliminary Site Map:

Home bases in the PCYC yard will be modified based upon registration data effective 11:30 pm Tuesday July 19, 2022.





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1) **PARKING – where do I park my car? Where do I park my boat trailer?**

- Parking is available in designated areas to the far east of the parking lot or the large municipal public lot to the west, outside the PCYC gates.
- Trailer parking is indicated in the site map above.
- All trailers must be removed promptly post event please.

2) **COVID REQUIREMENTS**

PCYC COVID Waiver must be filled out online. **Participants under 18 need a parent to fill it in.** The waiver also covers the Sailor's Code of Conduct and Rowan's Law (Concussion Awareness). **Please ensure this is completed before the regatta.** Here is the link: <https://pcyc.net/youth-event-waiver>

3) **PCYC Guests**

Welcome back!

Our PCYC chartroom is open for lunch and dinner. You can use a credit or debit card to pay for your meal, as cash is not accepted.



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4) General Questions...

a) *What's a "Home base" and where is mine?*

To help coaches and kids find one another, we have established an outdoor "home base" area for each visiting Club. Your boats and gear will live in your home base. You will have a designated volunteer liaison as well who will work with your coach and team leader(s) to coordinate launch timing, inquiries, swag and lunch/snack deliveries.

Your coaches are encouraged to bring a tent to set up in your designated "home base" area as well.

The specific location of your home base will be posted the day before the event begins. The intent is that clubs will be in alphabetical order from closest to the water to further back. You can also check the noticeboard on Yacht Scoring for updates.

NOTE: Irrespective of your assigned Home Base, the Optimist boat classes will rig at the LTS PCYC Yard.

b) *Do I have to wear a mask?*

Masks are optional. Although the mask mandate is removed, we remind you that it is an individual's option to continue wearing a mask, whenever or wherever they choose. We appreciate everyone's ongoing respect for this matter of personal choice.

c) *Where can I get changed?*

Portable washrooms (that include hand washing station and hand sanitizers) are available near the assigned home bases.



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While the clubhouse is open this year, we encourage all participants to respect the membership while using the clubhouse washrooms. As we have >300 participants in the regatta, as much as is possible, we encourage you to arrive as close to changed as you can...

d) *Where can I get dropped off and picked up?*

We are providing a one-way traffic flow for vehicles dropping off boats. There is no parking in the member parking lot. To ease congestion in the club, we recommend parents try to pre-arrange a pick-up point ahead of time. There is also lots of room for vehicles in the municipal parking area, please refer to the site map for its location.

e) *Where do RIBS and dollies go?*

Please dock your RIBS in front of the main dock located in front of the pool and indicated in the site map "Coach Boat Dock A and B". Please respect your speed when coming into the harbour as there are many docked boats around the Dinghy Dock area.

f) *Where do the Coach briefings /debriefings occur?*

This will occur under the tent on the waterside of the clubhouse. Check Yacht Scoring for updated notices.

g) *Where can I get fuel?*

There is a fuel dock run by the City of Mississauga at Lakefront Promenade Marina (next to PCYC) in the harbour. Their hours of operation are: Monday to Thursday 11:00am – 7:00pm and Friday to Sunday 9:00am – 8:00pm. Refer to the site map for its location. Hours of operation are in the Notice of Race.



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h) *Where can I get food?*

Lunch will be distributed by the volunteer assigned to your team at your Home Base. Snacks will also be provided when you come off the water by the volunteer.

Remember this year there will be a bbq dinner on the first night after racing. All registered participants are welcome. You will receive a wristband for it.

On the last day of each regatta, there will be pizza and awards.

For those of you arriving without breakfast, time allowing, you may order from the restaurant. A special "Sailors Breakfast" is available, check the menu for breakfast specials and pricing.

i) *Can I fill up my water bottle?*

Water filling stations will be available. Please try to arrive with a full bottle to relieve congestion at the water fill station(s).

j) *Is there camping available? Where do I stay if I do not want to camp?*

Camping is available on the club grounds is limited to first come first serve. See <https://pcyc.net/Steerers-Regatta> or <https://pcyc.net/four-sisters> for the link to the online application.

For those who don't want to camp, the Humber College Lakeshore campus offers double suite room type accommodations, which include:

- 2 private bedrooms (double bed, desk and wardrobe)
- Shared kitchenette (full size fridge with freezer, sink and microwave)
- Shared 3 piece washroom (shower)



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If the guests are minors they require one chaperone for every ten under the age of 18.

For more information visit: <https://humber.ca/conference/accommodations>

k) *I have a food allergy. Can you accommodate me?*

If you have dietary restrictions or requirements, please be advised that you must provide your own food and/or beverage. There will only be options for meat or vegetarian lunches.

l) *I have a medical condition. Who should know?*

If you have a medical condition that may require first aid, you must ensure that your coach and your team's assigned volunteer knows of this condition and what action may be required.

If there is an injury, the First Aid team is located near the pool (refer to map). **Concussion protocols require that any sailor experiencing a concussion is required to provide a doctor's note to be cleared to "return to play"**. Process details are outlined in the Rowan's Law section of the Youth Event Waiver (<https://pcyc.net/youth-event-waiver>).

m) *How are you managing a COVID-19/Variants of Concern situation or extreme event?*

If someone exhibits COVID-19/Variants of Concern symptoms anytime during the race, bring the individual to the First Aid station and contact the General Manager. Parents will be contacted.

In the event of a severe weather event, sailor safety comes first ahead of all else. All efforts will be made to assess a potential weather event in advance and necessary measures will be taken, including event



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cancellation for the day. As much notice as possible will be given. Parents should monitor their email for status updates and through Yacht Scoring.

Ensure your emergency contact information is entered into Yacht Scoring.

Login to Yacht Scoring

Click on either "Owner's Corner" OR "Crew Corner"

Scroll down and enter the emergency contact info in the fields provided.

Your emergency information is also captured when you complete the waiver, <https://pcyc.net/youth-event-waiver>

n) *I think I missed something, where can I find any announcements or ask any questions?*

Login to Yacht Scoring. The notice board will have everything posted on it and contact information for any questions you want to send us.

o) *I need to make a correction in my registration, what do I do?*

Prior to close of registration:

Before registration closes, you can go to Yacht Scoring and edit your information.

After the close of registration:

DO NOT EDIT YOUR registration. Send an email to steerers@pcyc.net OR foursisters@pcyc.net describing the changes needed. If you are on-site, you can also ask your coach to assist you with the change at the Regatta Check-In.



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p) I want to file a protest. What do I do? Where do I go?

The protest desk be located on the front Deck of the Learn to Sail building (west side of the property) and will have paper copies of protest forms available.

Login to Yacht Scoring. The notice board will have any information on filing protests.

q) I am competing in the c420 Canadian Championships, where do I hand in my Inspection Form?

The inspection form needs to be printed, completed and then handed in to the Four Sisters Regatta Committee. Go to the Lakeshore Room in the Clubhouse to hand it in.

Login to Yacht Scoring. Find a link to the form in "Event Documents".

r) Is there available wifi?

Yes. Wi-fi is available in the clubhouse and patio, but not in the boat yards. The club wifi is free for visitors.

Given the number of people who will be using it during the regatta, we expect it may be slower than normal.

s) Is there any way to go watch the races? Are there any spectator boats?

The upper balcony is open to spectators, however, the kids generally sail a little far out and are hard to see.

As a result, we are asking PCYC members who are taking their personal boats out to watch the races if they have space for visiting spectators.

We will post updates on Yacht Scoring and on the notice board daily if any spots are available.



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Emergency & Safety Information

Important Phone/VHF Numbers

- During Sailing Office hours, the Club monitors VHF **channel 68**
- Instructors VHF channel is **69**
- Coast Guard/Marine Unit channel **16**
- Club Main Line: **905.278.7911**

In case of emergency, a detailed Safety Plan is kept at the Reception Desk, the Dock Office, the event's Principal Race Officer and with the Regatta Chair.

Final Words...

We are very excited to (hopefully) run a "restriction" free and safe regatta! PCYC is known as one of the friendliest clubs on the lake, and we are looking forward to hosting you!

Enjoy the regatta and sail fast!

Best of luck to all participants!