





Welcome to the 2025 PCYC Steerers' Invitational & Four Sisters Open, proudly sponsored by driveHG.ca



We're pleased to host you!

Steerers' Invitational Event History:

In 1959 the junior instructors at Port Credit Yacht Club invited a few of the junior programs from neighbouring clubs to come to the mouth of the Credit River for a regatta. The event was such a success that it has been held every year since. In 1968 a trophy was created from a wooden Nutshell rudder, hence the name Steerers', and presented to the best Junior Club in the regatta. 65 years later, we are on our third, and a new Steerers' trophy just last year. Congratulations to 2024 winners Port Credit Yacht Club sailors!

Four Sisters Open Event History:

The 'Four Sisters' is a name that commemorates the passing of two things. For years the smokestacks were the guiding beacons that made finding the Port Credit Yacht Club simpler and, by doing so, gave comfort to those seeking her harbour. Likewise, for years, mothers and aunts everywhere have been guiding and nurturing their families to safer harbours and comfortable waters. It does us well to remember the simple lessons learned from them and to reflect on the comfort they have provided.







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2025 PCYC Steerers' Invitational Schedule

Date	Time	Event	Location
Wednesday July 16	4:30-9:30 pm	Boat Drop-Off	PCYC Yard & Tent
	7:00-9:00 am	Boat Drop-Off	PCYC Yard & Tent
	9:00 am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
Thursday July 17		Coach flag deposit/Lunch Pick-up/Safety Check Out	Regatta Tent
	11:00 am	1st warning signal	Racing Area
	After Racing	Competitor Safety Check In	PCYC Patio
	5:30 pm	Dinner	PCYC Patio
	8:30 am	Lunch Pickup & Competitor Safety Check Out	PCYC Patio
	8:30 am	Coaches Mandatory Meeting	Regatta Tent
Friday	10:00 am	1st warning signal	Racing Area
July 18	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Safety Check In & post-race snack	PCYC Patio
	6:00 pm	Awards	PCYC Front Lawn







2025 PCYC Four Sisters Open Schedule

Date	Time	Event	Location
Friday July 18	4:30-9:30 pm	Boat Drop off	PCYC Yard & Tent
	7:00-9:00 am	Boat Drop off	PCYC Yard & Tent
	9:00 am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
Saturday July 19		Coach/Support Boat flag deposit/Lunch Pickup/Safety Check Out	Regatta Tent
	11:00 am	1st warning signal	Racing Area
	After Racing	Competitor Safety Check In	PCYC Patio
	5:30 pm	Dinner	PCYC Patio/Tent
	8:30 am	Lunch Pickup & Competitor Safety Check Out	PCYC Patio
	8:30 am	Coaches Mandatory Meeting	Regatta Tent
Sunday	10:00 am	1st warning signal	Racing Area
July 20	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Safety Check-in & Post-race snack	PCYC Patio
	When scoring is complete	Awards	PCYC Front Lawn







Logistics

SITE MAP









1) PARKING – where do I park my car? Where do I park my boat trailer?

- Parking is available in designated areas to the far east of the parking lot or the large municipal public lot to the west, outside the PCYC gates.
- Boat trailer parking is indicated in the site map above.
- All trailers must be removed promptly post event please

2) WAIVER REQUIREMENTS

Rowan's Law (Concussion Awareness) Waiver and Sailor's Code of Conduct must be filled out online. Participants under 18 need a parent to fill it in and sign. Please ensure this is completed before the regatta.

Here is the link: https://pcyc.net/youth-event-waiver

Links to Rowan's Law can be found on the PCYC regatta website as well as on Clubspot under **documents**. All competitors and their parents are responsible to read and understand issues around concussion for athlete safety and brain health. See this link to <u>Ontario Sailing Association</u> for more.

3) PCYC Guests

Welcome back!

Our PCYC chartroom is open for breakfast, lunch, and dinner. You can use a credit or debit card to pay for your meal, as cash is not accepted. We are offering **breakfast sandwiches** Thursday and Friday (which you can book at time of registration on Clubspot), and an expanded menu Saturday and Sunday. **Extra dinner tickets** may also be purchased online.







4) General Questions...

a) Where can I get changed?

Portable washrooms (that include hand washing station and hand sanitizers) are available on both sides of the site. While the clubhouse is open to all, we encourage all participants to respect the membership while using the clubhouse washrooms. As we have >300 participants in the regatta, as much as is possible, we encourage you to arrive as close to changed as you can...

b) Where can I get dropped off and picked up?

We are providing a one-way traffic flow for vehicles dropping off boats. There is no parking in the member parking lot. To ease congestion in the club, we recommend parents try to pre-arrange a pick-up point ahead of time. There is also lots of room for vehicles in the municipal parking area. Please refer to the site map on page 5 for its location.

c) Where do RIBS and dollies go?

Please dock your RIBS in front of the main dock located in front of the pool and indicated in the site map "Coach Boat Dock A and B". Please respect your speed when coming into the harbour as there are many docked boats around the Dinghy Dock area.

d) Where do the Coach briefings /debriefings occur?

This will occur under the tent on the waterside of the clubhouse. See the Schedules, and check Clubspot for updated notices, which you can access via these sites:

https://pcyc.net/Steerers-Regatta

https://pcyc.net/four-sisters







e) Where can I get fuel?

There is a fuel dock run by the City of Mississauga at Lakefront Promenade Marina (next to PCYC) in the harbour. Their hours of operation are: Mon. to Thurs.11:00am – 7:00pm & Fri. to Sun. 9:00am – 7:00pm. See site map p.5.

f) Where can I get food?

Lunches should be picked up in the early mornings when safety check-out happens. Snacks will also be provided when you come off the water, after check-in. There will be a buffet dinner or BBQ on the first night after racing. All registered participants are welcome. You will receive a wristband for it. Additional dinners are available for parents in registration.

On the last day of each regatta, there will be pizza and awards. For those of you arriving without breakfast, time allowing, we have Breakfast sandwiches available Thursday and Friday, and an expanded menu on the weekend. You can order Breakfast sandwiches or extra dinner tickets along with your registration this year, and pick them up in the clubhouse. We will have a "Sweet Treats" table (read: candy store). Buffs and extra swag are also available for sale. Cash & cards may be used.

g) Can I fill up my water bottle?

Water filling stations will be available. Please try to arrive with a full bottle to relieve congestion at the water fill station(s).

h) Is camping available? Where do I stay if I do not want to camp?

Camping is available on the club grounds, limited to first come first serve. See the NORs at https://pcyc.net/steerers-regatta or https://pcyc.net/camping







Humber College online portal for 2025 summer nightly accommodations: https://humber.starrezhousing.com/StarRezPortalXShortStay/CD3229ED/9/10/Home-Welcome_to_our_Onlin?UrlToken=F6298034

Green Acres Motel, 1303 Lakeshore Rd E, Mississauga ON L5E 1G5 · (905) 278-6910 - https://greenacresmotel.ca/

There is also camping at Bronte Creek Provincial Park https://www.ontarioparks.ca/park/brontecreek/camping

i) I have a food allergy. Can you accommodate me?

If you have dietary restrictions or requirements, please note in registration. There will be choices of meat or vegetarian lunches, and we will make all efforts to accommodate other needs if you note via registration.

j) I have a medical condition. Who should know?

If you have a medical condition that may require first aid, you must ensure that your coach and your team's assigned volunteer knows of this condition and what action may be required.

k) What about INJURIES - FIRST AID - CONCUSSION?

If there is an injury, the St. John Ambulance First Aid team is located near the pool (refer to map). Concussion protocols require that any sailor experiencing a possible concussion is required to provide a doctor's note to be cleared to "return to play". The First Aid Team is obliged to ensure the Organizing Authority knows about any possible concussions so we can comply with Rowan's Law. Process details are outlined in the Rowan's Law section of the Youth Event Waiver https://pcyc.net/youth-event-waiver

Walk-in Clinic locally: Multi-Specialty Walk-In Clinic, 21 Queensway W., Mississauga across from Trillium Hospital in Mississauga. 8 am – 10:30 pm.







In the event of a severe weather event, sailor safety comes first ahead of all else. All efforts will be made to assess a potential weather event in advance and necessary measures will be taken, including event cancellation for the day. As much notice as possible will be given. Parents should monitor their email for status updates, and Clubspot.

Ensure correct emergency contact information is entered into Clubspot when you register.

Your emergency information is also captured when you complete the waiver, https://pcyc.net/youth-event-waiver

1) I think I missed something. Where can I find any announcements or ask any questions?

Login to Clubspot. The notice board will have everything posted on it and contact information as well as common links for any questions you want to send us.

m) I need to make a correction in my registration, what do I do?

Prior to close of registration:

Before registration closes, you can go to Clubspot and edit your information.

After the close of registration:

DO NOT EDIT YOUR registration. Send an email to https://pcyc.net/four-sisters describing the changes needed. If you are on-site, you can also ask your coach to assist you with the change at the Regatta Check-In.







n) I want to file a protest. What do I do? Where do I go?

The notice board will have any information on filing a protest, or, come over to the protest desk located on the Learn to Sail front deck (west side of the property) and we will have paper copies of protest forms available.

I am a Club 420 sailor and I want to compete in the Canadian Championship. How do I become a member of the class?

To register or check status go to https://club420.org/membership/register

Please be sure to sign in at the regatta indicating you are vying for the Club 420 Canadian Championship.

p) I am competing in the Club 420 Canadian Championships. Where do I hand in my Inspection Form?

The inspection form needs to be printed, completed and then handed in to the Organizing Committee in the Lakeshore Room in the Clubhouse. Want a link? In Clubspot the form is in "Event Documents".

a) Is there available wifi?

Yes. Wi-fi is available in the clubhouse and patio, but not in the boat yards. The club wifi is free for visitors. Given the number of people who will be using it during the regatta, we expect it may be slower than normal.

r) Is there any way to go watch the races? Are there any spectator boats?

The upper balcony is open to spectators, however, the kids generally sail a little far out and are hard to see. As a result, we are asking PCYC members who are taking their personal boats out to watch the races if they have space for visiting spectators. We will post updates on Clubspot and on the







notice board daily if any spots are available. Coach and Support (Parent) Boats must carry an identifying flag and display on their boat at all times while on the water. Flags are assigned in middle room off patio, with a required \$20 CASH refundable deposit. See Documents/Notice Board and in SIs on Clubspot for Guidance, including Course Exclusion Zones on the race courses. All spectator boats should have live radios on Channel 68 as they may be called upon to become safety boats, per the Notice of Race.

Please note, per the NORs, no competitor or support team shall use a drone over the racing areas.

Emergency & Safety Information

Important Phone/VHF Numbers

- During Sailing Office hours, the Club monitors VHF channel 68
- Instructors VHF channel is 69
- Coast Guard/Marine Unit channel 16
- Club Main Line: 905-278-7911

In case of emergency, a detailed Safety Plan is kept at the Reception Desk, the Dock Office, with the event's Principal Race Officer, and with the Regatta Chair.

Final Words...

We are very excited to run a safe and fun regatta! PCYC is known as one of the friendliest clubs on the lake, and we are looking forward to hosting you!

Enjoy the regatta and sail fast!







Best of luck to all participants!