



**2023 PCYC Steerers' Invitational &
2023 PCYC Four Sisters Open
July 20 & 21 / 22 & 23**

Welcome to the 2023 PCYC Steerers' Invitational & Four Sisters Open, proudly sponsored by driveHG.ca



We're pleased to host you!

Steerers' Event History:

In 1959 the junior instructors at Port Credit Yacht Club invited a few of the junior programs from neighbouring clubs to come to the mouth of the Credit River for a regatta. The event was such a success that it has been held every year since. In 1968 a trophy was created from a wooden Nutshell rudder, hence the name Steerers', and presented to the best Junior Club in the regatta. 64 years later, we are on our third, and a new Steerers' trophy this year!

Four Sisters Event History:

The 'Four Sisters' is a name that commemorates the passing of two things. For years the smokestacks were the guiding beacons that made finding the Port Credit Yacht Club simpler and, by doing so, gave comfort to those seeking her harbour. Likewise, for years, mothers and aunts everywhere have been guiding and nurturing their families to safer harbours and comfortable waters. It does us well to remember the simple lessons learned from them and to reflect on the comfort they have provided.



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2023 PCYC Steerers' Invitational Schedule

Date	Time	Event	Location
Wednesday July 19	4:30-9:30 pm	Boat Drop-Off – Optis & PCYC in LTS yard – C420s and ILCA in PCYC Yard A/B	PCYC, Learn to Sail Yards
Thursday, July 20	7:00-8:30am	Boat Drop-Off; Coach Flag & Lunch Pick Up & Check-Out	PCYC, LTS Yards Lakeshore Room
	9:00am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
		Lunch Pickup Competitor Check Out	PCYC Patio
	11:00 am	1 st warning signal	Racing Area
	After Racing	Competitor Check In & SWAG Pick Up	PCYC Patio
	5:30 pm	Dinner	PCYC Patio
Friday July 21	8:30 am	Lunch Pickup Competitor Check Out Coach Check-Out & Lunch Pickup	PCYC Patio Lakeshore Room
	8:45 am	Coaches Mandatory Meeting	Regatta Tent
	10:00 am	1 st warning signal	Racing Area
	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Check In & post-race snack	PCYC Patio
	6:00 pm	Awards	PCYC Front Lawn

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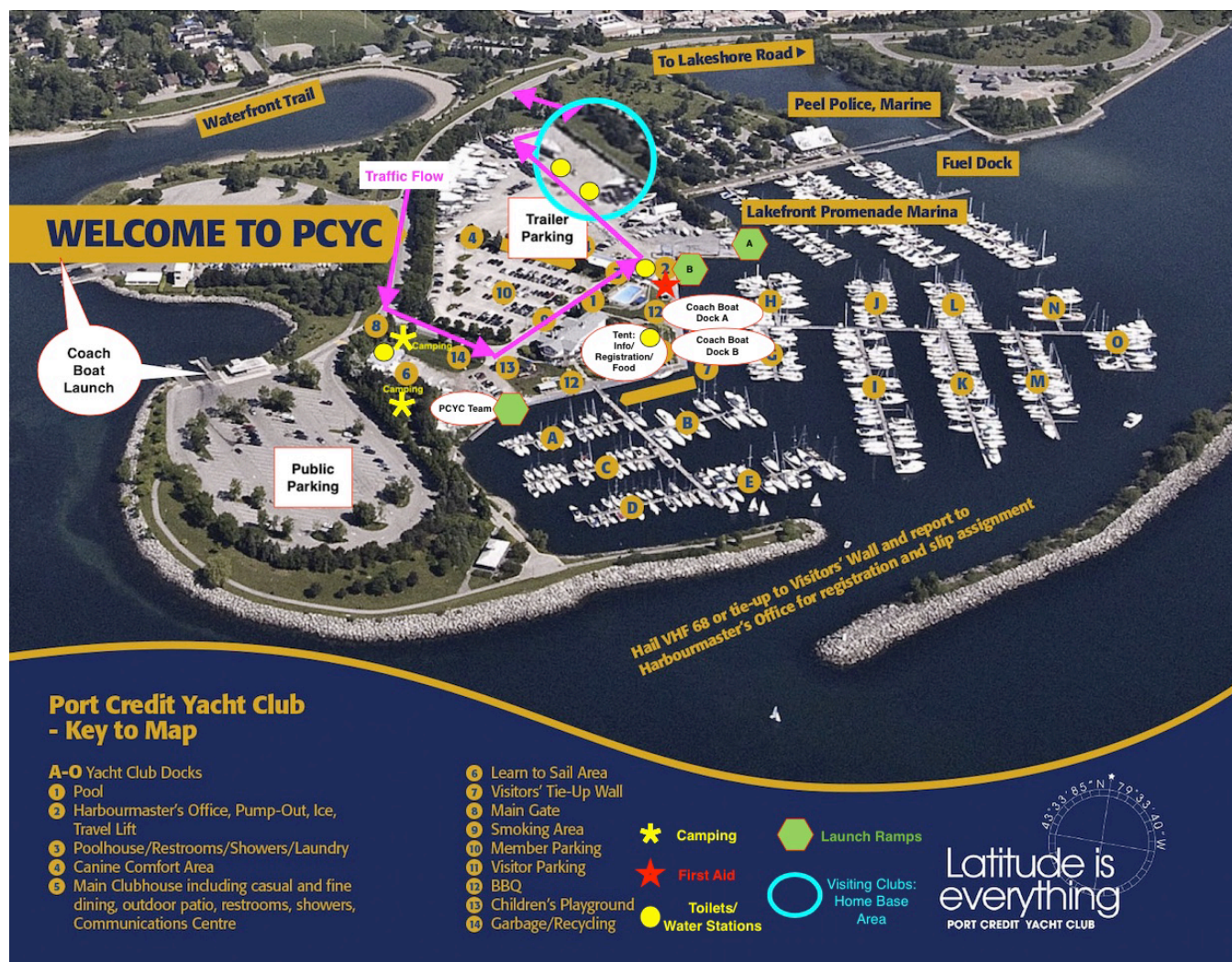
2023 PCYC Four Sisters Open Schedule

Date	Time	Event	Location
Friday July 21	4:30-9:30 pm	Boat Drop-Off – Optis & PCYC in LTS yard – C420s and ILCA in PCYC Yard A/B	PCYC and Learn to Sail Yards
Saturday July 22	7:00-8:30 am	Boat Drop off Coach Flag & Lunch Pick Up & Check-Out	PCYC & LTS Yards Lakeshore Room
	9:00 am	Competitor Meeting	Regatta Tent
		Coaches Mandatory Meeting	Regatta Tent
		Lunch Pickup Competitor Check Out	PCYC Patio
	11:00 am	1st warning signal	Racing Area
	After Racing	Competitor Check In & SWAG Pick Up	PCYC Patio
Sunday July 23	5:30 pm	Dinner	PCYC Patio/Tent
	8:30 am	Lunch Pickup & Competitor Check Out Coach Check-Out & Lunch Pickup	PCYC Patio Lakeshore Room
	8:45 am	Coaches Mandatory Meeting	Regatta Tent
	10:00 am	1st warning signal	Racing Area
	3:00 pm	Latest time for Warning Signal	
	After Racing	Competitor Check-in & Post-race snack	PCYC Patio
	When scoring is complete	Awards	PCYC Front Lawn

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Logistics

SITE MAP





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1) PARKING – where do I park my car? Where do I park my boat trailer?

- Parking is available in designated areas to the far east of the parking lot or the large municipal public lot to the west, outside the PCYC gates.
- Trailer parking is indicated in the site map above.
- All trailers must be removed promptly post event please.

2) WAIVER REQUIREMENTS

Rowan's Law (Concussion Awareness) Waiver and Sailor's Code of Conduct must be filled out online. **Participants under 18 need a parent to fill it in. Please ensure this is completed before the regatta.** Here is the link: <https://pcyc.net/youth-event-waiver>

3) PCYC Guests

Welcome back!

Our PCYC chartroom is open for breakfast, lunch, and dinner. You can use a credit or debit card to pay for your meal, as cash is not accepted.

4) General Questions...

a) *Do I have to wear a mask?*

Masks are optional. Although the mask mandate is removed, we remind you that it is an individual's option to continue wearing a mask, whenever or wherever they choose. We appreciate everyone's ongoing respect for this matter of personal choice.

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b) *Where can I get changed?*

Portable washrooms (that include hand washing station and hand sanitizers) are available on both sides of the site. While the clubhouse is open to all this year, we encourage all participants to respect the membership while using the clubhouse washrooms. As we have >300 participants in the regatta, as much as is possible, we encourage you to arrive as close to changed as you can...

c) *Where can I get dropped off and picked up?*

We are providing a one-way traffic flow for vehicles dropping off boats. There is no parking in the member parking lot. To ease congestion in the club, we recommend parents try to pre-arrange a pick-up point ahead of time. There is also lots of room for vehicles in the municipal parking area, please refer to the site map for its location.

d) *Where do RIBS and dollies go?*

Please dock your RIBS in front of the main dock located in front of the pool and indicated in the site map "Coach Boat Dock A and B". Please respect your speed when coming into the harbour as there are many docked boats around the Dinghy Dock area.

e) *Where do the Coach briefings /debriefings occur?*

This will occur under the tent on the waterside of the clubhouse. Check <https://theclubspot.com/register/regatta/raFFwU2qru/class> for updated notices.

f) *Where can I get fuel?*

There is a fuel dock run by the City of Mississauga at Lakefront Promenade Marina (next to PCYC) in the harbour. Their hours of operation are: Mon. to



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Thurs. 11:00am – 7:00pm & Fri. to Sun. 9:00am – 8:00pm. Refer to the site map for its location. Hours of operation are in the Notice of Race.

g) *Where can I get food?*

Lunches should be picked up in the early mornings when check-out happens. Snacks will also be provided when you come off the water. There will be a buffet dinner on the first night after racing. All registered participants are welcome. You will receive a wristband for it.

On the last day of each regatta, there will be pizza and awards. For those of you arriving without breakfast, time allowing, we have three breakfast items available using debit or credit: a) Egg PcMuffin \$5, Western \$7, and "Sailors Breakfast" \$12.

We're going to have a "Sweet Treats" table this year (read candy). **Cash only.** Buffs also available for sale.

h) *Can I fill up my water bottle?*

Water filling stations will be available. Please try to arrive with a full bottle to relieve congestion at the water fill station(s).

i) *Is there camping available? Where do I stay if I do not want to camp?*

Camping is available on the club grounds, limited to first come first serve. See <https://pcyc.net/steerers-regatta> or <https://pcyc.net/four-sisters> for the links to the online application.

For those who don't want to camp, the Humber College Lakeshore campus offers double suite room type accommodations, which include:

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- 2 private bedrooms (double bed, desk and wardrobe)
- Shared kitchenette (full size fridge with freezer, sink and microwave)
- Shared 3 piece washroom (shower)

If the guests are minors they require one chaperone for every ten under the age of 18.

For more information visit:

<https://humber.ca/conference/accommodations>

j) *I have a food allergy. Can you accommodate me?*

If you have dietary restrictions or requirements, please be advised that you must provide your own food and/or beverage. There will be options for meat or vegetarian lunches.

k) *I have a medical condition. Who should know?*

If you have a medical condition that may require first aid, you must ensure that your coach and your team's assigned volunteer knows of this condition and what action may be required.

l) *What about INJURIES – FIRST AID – CONCUSSION?*

If there is an injury, the First Aid team is located near the pool (refer to map). **Concussion protocols require that any sailor experiencing a concussion is required to provide a doctor's note to be cleared to "return to play"**. Process details are outlined in the Rowan's Law section of the Youth Event Waiver **<https://pcyc.net/youth-event-waiver>**



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In the event of a severe weather event, sailor safety comes first ahead of all else. All efforts will be made to assess a potential weather event in advance and necessary measures will be taken, including event cancellation for the day. As much notice as possible will be given. Parents should monitor their email for status updates, and through Clubspot.

Ensure correct emergency contact information is entered into Clubspot when you register.

Your emergency information is also captured when you complete the waiver, <https://pcyc.net/youth-event-waiver>

m) I think I missed something. Where can I find any announcements or ask any questions?

Login to Clubspot. The notice board will have everything posted on it and contact information as well as common links for any questions you want to send us.

n) I need to make a correction in my registration, what do I do?

Prior to close of registration:

Before registration closes, you can go to Clubspot and edit your information.

After the close of registration:

DO NOT EDIT YOUR registration. Send an email to <https://pcyc.net/steerers-regatta> OR <https://pcyc.net/four-sisters> describing the changes needed. If you are on-site, you can also ask your coach to assist you with the change at the Regatta Check-In.



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o) *I want to file a protest. What do I do? Where do I go?*

Login to Clubspot. The notice board will have any information on filing a protest, or, come over to the protest desk located on the Learn to Sail front deck (west side of the property) and we will have paper copies of protest forms available.

p) *I am a C420 sailor and I want to compete in the Championship. How do I become a member of the class?*

To register go to <https://club420.org/membership/register>

q) *I am competing in the c420 Canadian Championships. Where do I hand in my Inspection Form?*

The inspection form needs to be printed, completed and then handed in to the Organizing Committee in the Lakeshore Room in the Clubhouse. Want a link? In Clubspot the form is in "Event Documents".

r) *Is there available wifi?*

Yes. Wi-fi is available in the clubhouse and patio, but not in the boat yards. The club wifi is free for visitors. Given the number of people who will be using it during the regatta, we expect it may be slower than normal.

s) *Is there any way to go watch the races? Are there any spectator boats?*

The upper balcony is open to spectators, however, the kids generally sail a little far out and are hard to see. As a result, we are asking PCYC members who are taking their personal boats out to watch the races if they have space for visiting spectators. We will post updates on Clubspot and on the notice board daily if any spots are available. Please check Clubspot and the Notice Board for Course Exclusion Zones on the race courses.



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Emergency & Safety Information

Important Phone/VHF Numbers

- During Sailing Office hours, the Club monitors VHF **channel 68**
- Instructors VHF channel is **69**
- Coast Guard/Marine Unit channel **16**
- Club Main Line: **905-278-7911**

In case of emergency, a detailed Safety Plan is kept at the Reception Desk, the Dock Office, with the event's Principal Race Officer, and with the Regatta Chair.

Final Words...

We are very excited to run a "restriction" free and safe regatta! PCYC is known as one of the friendliest clubs on the lake, and we are looking forward to hosting you!

Enjoy the regatta and sail fast!

Best of luck to all participants!