### **PCYC Crew Bank**

New this year - Linda Clarke, Crew Bank Captain

Objective: To help crew and skippers find each other

- How it works:
  - Register with Linda Clarke
    - > Skippers and Crew
    - ➤ Sailing/racing experience
    - > Availability & commitment
    - > Desired level of competitiveness
    - ➤ Willingness to learn/coach
  - Meet at the flagpole
    - Last call at 5:30

Goal – no crew left behind!

## How to be Great Crew

#### What to bring

- Shoes with non-marking soles
- Sailing gloves
- PFD
- Weather appropriate clothing
- Hat
- Sunscreen
- Snacks (check w skipper)
- Beverage(s) (check w skipper)
- Skipper gift (optional)
- Willingness to help with the boat

#### What to do

- Know/learn sailing/racing basics
- Learn basic racing rules
- Understand start sequence
- Continuous self education
- Be on time at dock
- Help prep the boat for racing
- While racing:
  - ➤ Be attentive & listen to skipper
  - ➤ Anticipate what will happen & act
  - ➤ Be agile & quick
  - > Focus on the racing
- Help clean up the boat post-race
- Let your skipper know well in advance of any race dates you can't make

# How to be a Great Skipper

- ➤ Be an ambassador for PCYC and PCYC racing
- > Let your crew know your racing schedule for the season
- Communicate expected at-boat arrival time and dock departure
- Ensure all crew know their role and associated expectations
- > Explain how to prepare your boat for racing
- > Share your racing/sailing experience and overall racing expectations
- > Read the NORs and SIs and share with the crew
- ➤ Remember that this is a passion/hobby and everyone wants to be able to enjoy themselves while being competitive!