



## SKIPPER Requirements

SKILL	FUTHER DEVELOPMENT	PERFORMING CONSISTENTLY
<b>SAILS AND RIGGING</b>		
1. Demonstrates proper sail and sheet rigging		
2. Demonstrates how to properly raise and lower sails		
3. Understands proper sail sheeting for all points of sail		
4. Demonstrates how to depower sail controls, sheeting and steering to decrease heel		
5. Demonstrates how to properly load and unload winches and use a winch handle		
6. Perform knots: figure eight, bowline, reef, cleat		
<b>SAILING SKILLS</b>		
7. Adequately sails boat upwind in various conditions		
8. Understands/demonstrates risks of sailing downwind		
9. Safely tacks and gybes the boat		
10. Tack and Gybe on command from instructor		
11. Safely and quickly stops the boat using two methods		
12. Is able to sail within boundaries		
<b>SAFETY</b>		
13. Successfully performs a man overboard drill		
14. Effectively communicates manoeuvres to crew		
15. Knows location and proper use of all safety gear		
16. Describe weather hazards and cloud effects		
17. Identify local hazards		
18. Receive and secure towline		
19. Applies the following rules: S/P, W/L, Overtaking		
<b>DOCKING</b>		
20. Safely departs slip		
21. Safely docks boat		
22. Demonstrates proper engine operation (start, stop, cooling water flow, steering)		
23. Oversees boat departure and return checklists		
24. Demonstrates proper castoff and securing protocol		

Participant Name: \_\_\_\_\_

Evaluation Date: \_\_\_\_\_

Instructor: \_\_\_\_\_