



CREW Requirements

SKILL	FUTHER DEVELOPMENT	PERFORMING CONSISTENTLY
SAILS AND RIGGING		
1. Demonstrates proper sail and sheet rigging		
2. Demonstrates how to properly raise and lower sails		
3. Understands proper sail sheeting for all points of sail		
4. Demonstrates how to properly tack and gybe jib and mainsail		
5. Knows how to properly load and unload winches and use a winch handle		
6. Knots: figure eight, bowline, reef, cleat		
SAFETY		
7. Understands where to sit for good boat balance		
8. Boards, leaves and moves around boat safely		
9. Identifies local hazards		
10. Identifies wind direction		
11. Demonstrates traffic awareness and keeping a lookout		
12. Successfully performs man overboard drill		
13. Knows location and use of all safety gear		
14. Is able to receive and secure a towline		
DEPARTING AND RETURNING TO SLIP		
15. Demonstrates proper castoff and securing protocol		
16. Participates in boat departure and return checks		
17. Understands and participates in sail stowage		

Participant Name: _____

Evaluation Date: _____

Instructor: _____