



**The 2011 Four Sisters Regatta  
LYRA Junior Regatta and  
Ontario Sailing Grand Prix Circuit Event  
July 16th – 17th, 2011  
Port Credit Yacht Club,  
115 Lakefront Promenade,  
Mississauga, Ontario**

## **NOTICE OF RACE**

### ***Subject to Amendment***

#### **1 RULES**

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2** The prescriptions of the Canadian Yachting Association will apply and will be stated in full in the sailing instructions.
- 1.3** Boats in the 420 class may use any recognized 420 hull form and the standard club training rig (with non tapered mast) and shall have a minimum weight of 100 kg fully rigged for sailing and in dry condition, but without sails and personal equipment.
- 1.4** The preamble to Part 4 and rule 40 is changed to require adequate personal buoyancy to be worn at all times while afloat except while changing clothes. Flag 'Y' is not required to be flown. Racing rule A4 and 35 will be changed to allow boats to be scored DNS and DNF in certain circumstances. Rule 66 will change the time limit for delivering a request to reopen a hearing. Appendix P will apply and be changed to delete rule P2.3. Other rules may be changed by the sailing instructions. The changes will appear in full in the sailing instructions
- 1.5** Rule G1.1 (b) will not apply.
- 1.6** If there is a conflict between languages in any subsequent translation, the English text will take precedence.

#### **2 ADVERTISING**

Advertising will be permitted under Category C in accordance with ISAF Regulation 20.

#### **3 ELIGIBILITY AND ENTRY**

- 3.1** The regatta is open to all boats of the Laser, Laser Radial, Laser 2, Laser 2 ws, Club 420, Club 420 ws, Byte, CII, 29'er, Open BIC and Optimist classes.

**3.2 Competitors and Teams are asked to register ONLINE** at <http://pcyc.net/on-water-activities/four-sisters-regatta> On Line Registration **will open June 1st, 2011**

**3.3** Entries received by July 10, 2011 will receive an early bird discount of \$15. (Racers only)

**3.3** Late entries will be accepted under the following conditions: eligible boats may enter after July 10, 2011 and before the end of registration on Saturday July 16, 2011 by following the instructions in 3.2 and under the conditions of section 5.

#### **4 CLASSIFICATION**

The ISAF Sailor Classification Code will apply.

#### **5 FEES**

**5.1** Required fees (includes lunch on both days and BBQ on Saturday evening) are as follows:  
*Class Fee*

All Classes- \$105 - per person (includes lunches and BBQ)

Coaches- \$30.00 + HST (includes 2 lunches and BBQ)

**NOTE: Entries received for BOTH the Steerers' and Four Sisters by July 10, 2011 will receive a free BBQ dinner on Friday evening.**

**NOTE: Early registration (racers only) discount of \$20 for entries with complete payment received by July 10, 2011**

**NOTE: The first 300 entries received will receive a regatta T-shirt**

Spectators Lunch & BBQ tickets are available at Tuck Shop

There will be a Breakfast offered each day in the Clubhouse and a Tuck Shop will be operated with goods offered at reasonable cost.

**5.2** All Ontario Optimist, 420 Spinnaker, 29er, Laser and Radial sailors participating in the Ontario Sailing Grand Prix Series must pay an additional fee of \$3.00 to Ontario Sailing, payable at time of registration for Four Sisters Regatta. In order to qualify for the series, participants will be no older than 20 years of age as of December 31<sup>st</sup>, 2011 for the Optimist, Club 420 and 29er classes and no older than 18 years of age as of December 31<sup>st</sup>, 2011.

#### **6. SCHEDULE**

**6.1 Late Registration: (Please note Section 5.1 above)**

Friday July 15, 2011 From: 4:30 PM To: 9:30 PM

Saturday July 16, 2011 From: 8:00 AM To: 9:30 AM

**6.2 Dates of racing:**

*Date Class*

Saturday July 16, 2011 all classes

Sunday July 17, 2011 all classes

**6.3 Number of races:**

*Class Number Races per day*

(a) All Classes except 29ers and Optimists shall race a maximum of four (4) races per day.

(b) The maximum number of races in the series shall be 7 except for 29er and Optimist fleets whose maximum shall be 9

One race must be completed to constitute a series

**6.4 Skipper's Meeting:**

There will be a Skipper's Meeting in the vicinity of the Main Flagpole at approx. 9:30 AM on Saturday July 16, 2011. There will be a brief **Coach's Meeting** immediately following.

**6.5** The scheduled time of the warning signal for the first race on Saturday is 11:40 AM and on Sunday, 10:00 AM. No race will be started after 3:00PM on Sunday.

**Note: The start of the Lake Ontario 300 will take place south of the PCYC harbour on Saturday July 16<sup>th</sup>, 2011. It is expected that there will be up to 200 participating large keel boats. Four Sister's Competitors are instructed to stay clearer of LO 300 competitors and their starting area.**

## **7. SAILING INSTRUCTIONS**

The sailing instructions will be available after 5:00 PM on July 15, 2011 at the Registration Desk.

## **8. VENUE**

**8.1** A map showing directions to the Port Credit Yacht Club can be found at <http://www.pyc.net/> and select New Members and Visitors

**8.2** Racing will be in the waters of Lake Ontario adjacent to Port Credit Yacht Club.

## **9. THE COURSES**

The courses to be sailed will be as follows: windward/leeward or trapezoid.

## **10. PENALTY SYSTEM**

**10.1** For the 29'er class rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

## **11. SCORING**

**11.1** One race is required to be completed to constitute a series

**11.2** (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores (b) When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## **12. SUPPORT and COACH BOATS**

It is strongly advised that all boats used to support racers have on board all safety equipment as required by Transport Canada. Peel Regional Police Marine Unit frequently inspects boats using our harbour for safety equipment POC cards and Radio Operators cards.

**Support boats shall be identified and shall be equipped with VHF Radios. In a general emergency situation, all support boats shall be utilized as safety boats and shall be under the direction of the Race Committee.**

## **13. BERTHING & CAMPING**

Boats shall be kept in their assigned places in the boat park and must respect member's boats including wake reduction.

**NOTE: Limited camping is available in designated areas, only, on a 'first come first served' basis. Anyone wishing to camp must register with the regatta committee by July 12, 2011. All groups camping must have an adult chaperone on site at all times and provide on site contact information for the chaperone to the regatta committee. The committee reserves the right to deny camping privileges.**

## **14. RADIO COMMUNICATION**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **15. PRIZES**

Prizes will be given as follows: There will be prize flags awarded to the first three finishers in each Class. LYRA Trophies and keepers will be presented to eligible winners in Radial(Women), Lasers (Men) and 420s for 2- Handed. Other prizes may be awarded at the discretion of the Organizing Authority.

## **16. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **17. INSURANCE**

Each participating boat shall be insured with valid third party Liability insurance with a minimum coverage of \$1,000,000 or the equivalent.

## **18. FURTHER INFORMATION**

For further information please contact Port Credit Yacht Club at:

Port Credit Yacht Club, 115 Lakefront Promenade,

Mississauga, ON, CANADA, L5E 3G6

905-278-5578 and dial "0" or David Sutman at: [davids@pyc.net](mailto:davids@pyc.net)